



ECOSABBATH

(AUG 31)

Welcome Pilgrims

Contemplative Preparation for our
Pilgrimage of Hope for Creation

Pilgrimage Planning Team

Sr. Rose Marie Tresp
Tom Darcy
Marie-Michele Darcy
Patrick Iannuccilli
Marise Robinson
Lynn Dransoff
Dr. Catherine Wright

Special Support by
Kara Griffin
Joe Purello
Many Parishes & Administrators
Office of the Bishop
Catholic Climate Covenant



Season of Creation 2025

Personal Reflection



Lectio Divina Reflection
Catholic Climate Covenant



Holy Noticing Nature Journal
Adapted by Dr. Wright from Stop, Look, Breathe, and
Create by Wendy Ann Greenhalgh

Remember Ignatius is Green Podcast with Sr. Margaret Scott?

Around 9:43min, the host says it is very Ignatian to be “grounded in place ... and use our imaginations to accompany Ignatius...”
Sr. Scott reminds us to be surprised by God ... “God is here, waiting to be noticed.”... Have you cultivated a disposition to be surprised?

OPENING PRAYER

TOM & MARIE-MICHELE DARCY, PILGRIMAGE PLANNING TEAM

 Canticle of the Sun

Marty Haugen

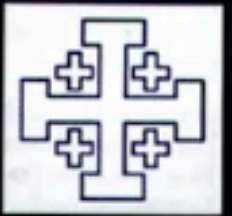
Includes:
Canticle of the Sun,
Eye Not Seen,
Remember,
and Gather Us In!

Anthology I

1980-1984



Watch on  YouTube



 Copy link

CANTICLE OF THE SUN



GENESIS IN REVERSE
AUTHOR: BENJAMIN, LEON FRANSCECO

IN THE BEGINNING WAS THE EARTH.
IT WAS BEAUTIFUL AND MAN LIVED UPON THE EARTH.
AND MAN SAID: "LET US BUILD SKYSCRAPERS AND EXPRESSWAYS".
AND MAN COVERED THE EARTH WITH STEEL AND CONCRETE.
AND MAN SAID: "IT WAS GOOD".

ON THE SECOND DAY.
MAN LOOK UPON THE CLEAR BLUE WATERS OF THE EARTH.
AND MAN SAID: "LET US DUMP SEWAGE AND WASTE INTO THE WATER".
AND MAN DID. THE WATERS BECOME DARK AND MURKY.
AND MAN SAID: "IT IS GOOD"

ON THE THIRD DAY.
MAN GAZED AT THE FOREST ON THE EARTH.
THEY WERE TALL AND GREEN.
AND MAN SAID: "LET US CUT THE TREES AND BUILD THINGS FOR OURSELVES.
AND MAN DID. AND THE FOREST GREW THIN.
AND MAN SAID: "IT IS GOOD".



ON THE FOURTH DAY.

**MAN SAW ANIMALS LEAPING IN THE FIELDS AND PLAYING IN THE SUN.
AND MAN SAID: "LET US TRAP THE ANIMALS FOR MONEY AND SHOOT
THEM FOR SPORT.**

**AND MAN DID. AND ANIMALS BECOME SCARCE.
AND MAN SAID: "IT IS GOOD".**

ON THE FIFTH DAY.

**MAN FELT THE COOL BREEZE IN HIS NOSTRILS.
AND MAN SAID: LET US BURN OUR REFUSE AND LET THE WIND BLOW
AWAY THE SMOKE AND DEBRIS.**

**AND MAN DID.
AND THE AIR BECOMES DENSE WITH SMOKE AND CARBON.
AND MAN SAID: "IT IS GOOD".**



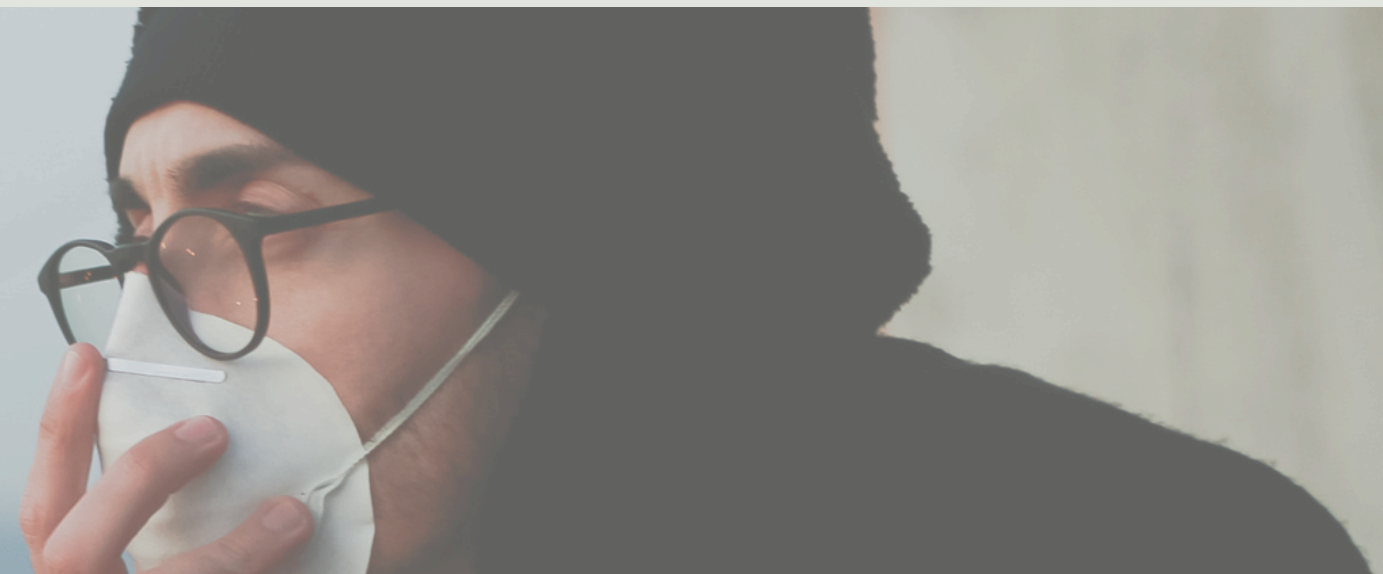
ON THE SIXTH DAY.

**MAN SAW MANY KINDS OF PEOPLE ON THE EARTH.
DIFFERENT RACES, COLOR AND CREED.**

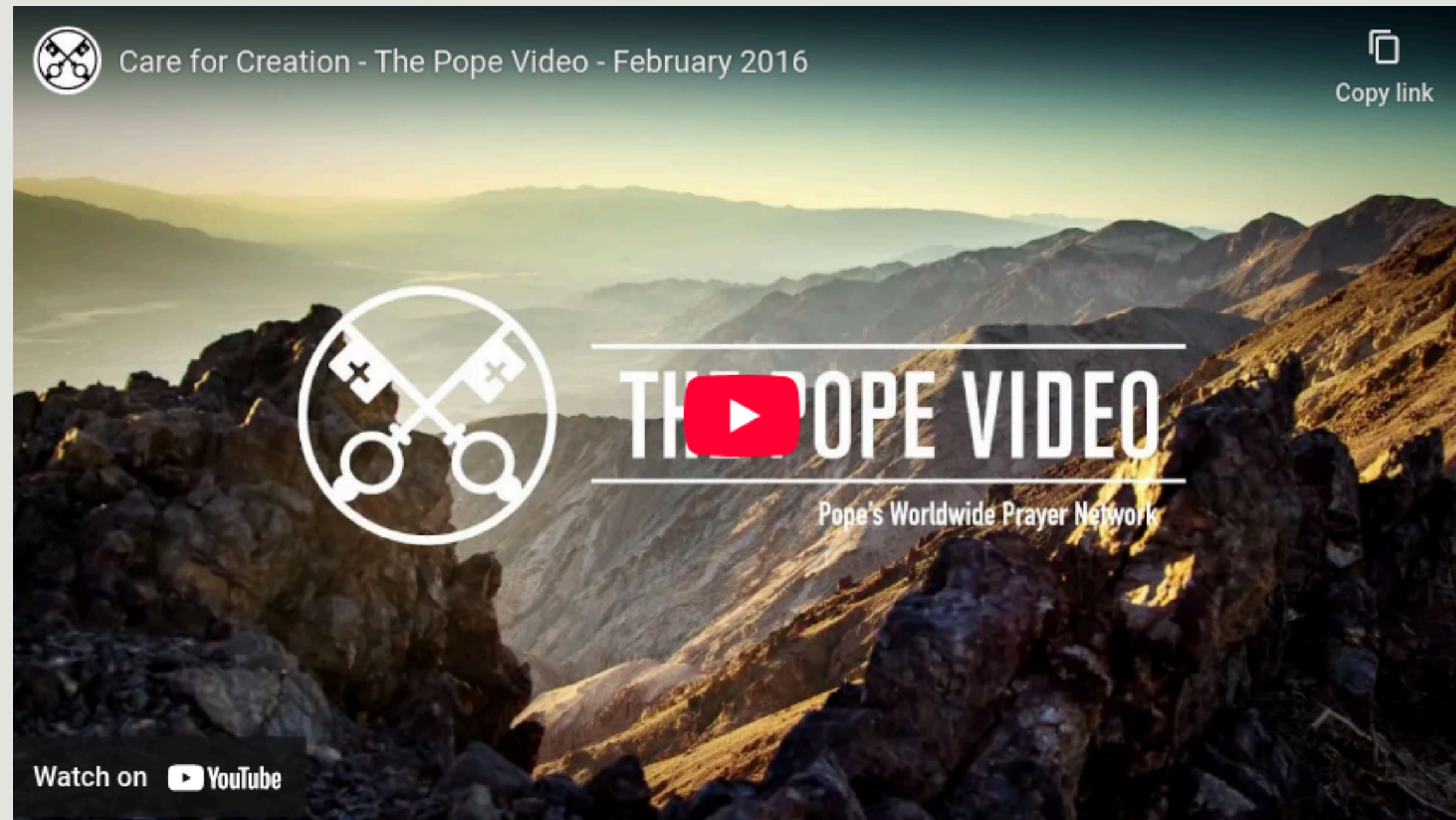
**AND MAN FEARED AND SAID:
"LET US MAKE BOMBS AND MISSILES IN CASE
MISUNDERSTANDINGS ARISE".
AND MAN DID. AND MISSILES SITE AND BOMB DUMPS
CHECKERED THE LANDSCAPE.
AND MAN SAID: "IT IS GOOD"**

ON THE SEVENTH DAY.

**MAN RESTED. AND THE EARTH WAS QUIET
AND DEATHLY STILL.
FOR MAN WAS NO MORE. AND IT WAS GOOD.**



FINAL PRAYER FROM POPE FRANCIS



POPE FRANCIS, FEB 2016

Housekeeping Items...

Purchase this book on Amazon, Used book sites, on loan in public libraries, & available on Audible

Jesus: A Pilgrimage

Fr. James Martin, SJ

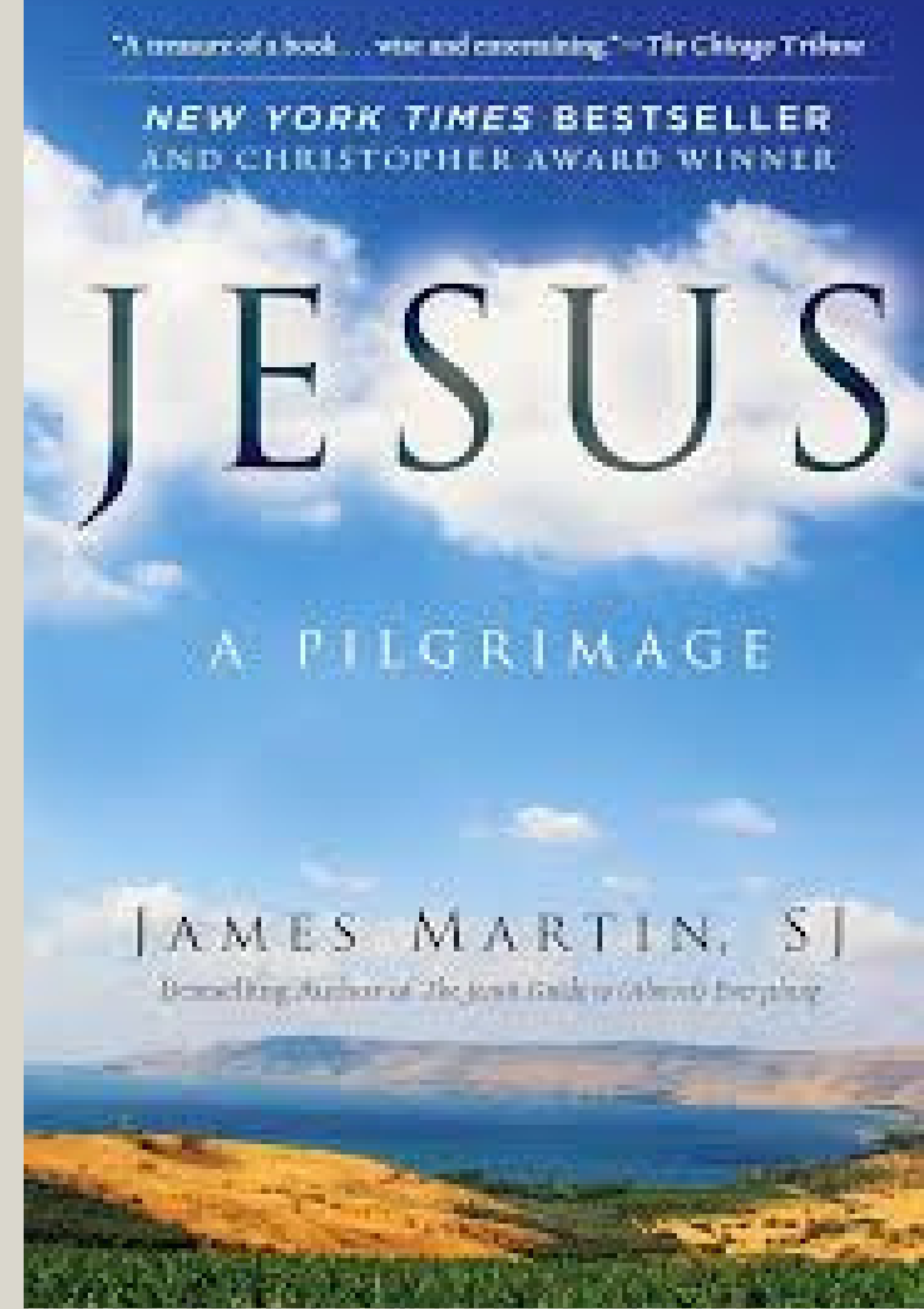
Readings:

Sept 7: Please Read Chps. 1–10

Sept 21: Please Read Chps. 11–21

Sept 28: Please Read Chps. 22–25

Reflection Questions and Discussion Questions are on the EcoSabbath Overview (PDF) sent via email





Dr. Norman Wirzba
Sept 14

God, the Gardener
Trinity as Mutual Reciprocity
Jesus, the Incarnation (Eucharistic Imagination)
Scripture, Parables as Agrarian Theology
Holy Spirit as preparing, planting, pruning,
sustaining

Deep Roots: Food, Faith, Farming, and Justice



Wendall Berry & Friends Sept 28

Deep Roots Farm CPS
Urban, Regenerative
Farming
Oct 4



QUIET REFLECTION ON WHOLENESS & INTERCONNECTION

REFLECT A MOMENT ON HOW **CATHOLIC MEANS UNIVERSAL**.
IT IS DERIVED FROM THE GREEK WORD KATHOLIKOS, WHICH MEANS "ACCORDING TO THE
WHOLE" OR "UNIVERSAL"



**HOW CAN THIS TRUTH
IGNITE CARE FOR
CREATION? HOW CAN THIS
FUEL YOUR ECOLOGICAL
CONVERSION?**

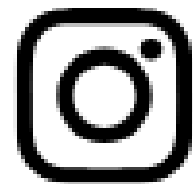
Interconnectedness

BENEATH THE SURFACE OF FORM AND IDENTITY, EVERYTHING IS MADE OF THE SAME ESSENCE, CALLED BY MANY NAMES ACROSS DIFFERENT TRADITIONS: BRAHMAN, GOD, ALLAH, TAO, THE SOURCE, THE DIVINE, THE CREATOR, THE UNIVERSE (NOT THE COSMOS), OR PURE AWARENESS. 🙏

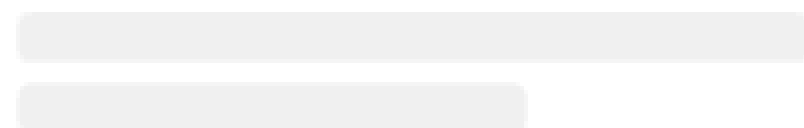
ALL LIVING BEINGS ARE EXPRESSIONS OF THE ONE LIVING MIND OF GOD. YET IT'S ALSO TRUE THAT EACH SOUL EXPERIENCES INDIVIDUALITY: JOURNEYING THROUGH DIFFERENT LIFETIMES, CARRYING KARMA FROM ONE LIFE TO THE NEXT, LEARNING, EVOLVING, AND EVENTUALLY AWAKENING TO THE TRUTH OF ONENESS.

IN THAT REALIZATION, WE TRANSCEND LIFE AND DEATH, MERGING BACK INTO THE SOURCE. 🕐

Learn. Love. Grow. Gabriella Melrose 💜



[View this post on Instagram](#)



A post shared by Gabrielė Slizevičiūtė | Mindfulness

THERE ARE MANY PATHS TO THE DIVINE, BUT THOSE WHO FOLLOW RIGHT ACTION, PURIFY THE MIND, CONTROL THE SENSES, AND CULTIVATE DEVOTION OFTEN SHARE A COMMON EXPERIENCE: A GROWING AWARENESS OF THE PRESENT MOMENT AND THE ONENESS OF ALL EXISTENCE.

TIME AND SEPARATION ARE ILLUSIONS (CREATIONS OF THE MIND AND EGO) THAT KEEP US TRAPPED IN CYCLES OF CRAVING AND AVERSION, SWINGING BETWEEN EMOTIONS, LOST IN THOUGHTS OF THE FUTURE OR PAST, DISCONNECTED FROM OTHER PEOPLE AND NATURE, AND UNAWARE OF THE SACRED WHOLE TO WHICH WE BELONG.

THIS ISN'T SOMETHING “BAD”, IT’S SIMPLY A VEIL WE ARE HERE TO LIFT. UNTIL WE DO, WE CONTINUE TO CREATE SUFFERING FOR OURSELVES, OTHERS, AND THE PLANET. 🌱

IN THE END, IGNORANCE (FORGETTING OUR TRUE NATURE) IS ONE OF THE GREATEST SOURCES OF SUFFERING. HOW DO WE MOVE BEYOND IT?

THE FIRST STEP IS TO BEGIN RECONNECTING WITH THE DIVINE AND QUIETING THE NOISE OF THE MIND. FROM THERE, THE PATH UNFOLDS, THROUGH DISCIPLINE, AWARENESS, AND INNER ALIGNMENT.



THERE IS MUCH WORK TO BE DONE... BUT
AS FOLLOWERS OF JESUS, WE ARE PEOPLE OF HOPE IN NEW LIFE AFTER DEATH

SMALL GROUP DISCUSSION

SR. MARGARET SCOTT

POSSIBLE TOPICS:

CLIMATE ANXIETY

HOW ST. IGNATIUS OF LOYOLA IS 'GREEN'

EUCCHARISTIC IMAGINATION & SOCIAL JUSTICE
STORY OF THE EARTH & HOW THIS IMPACTS THE
EUCCHARIST

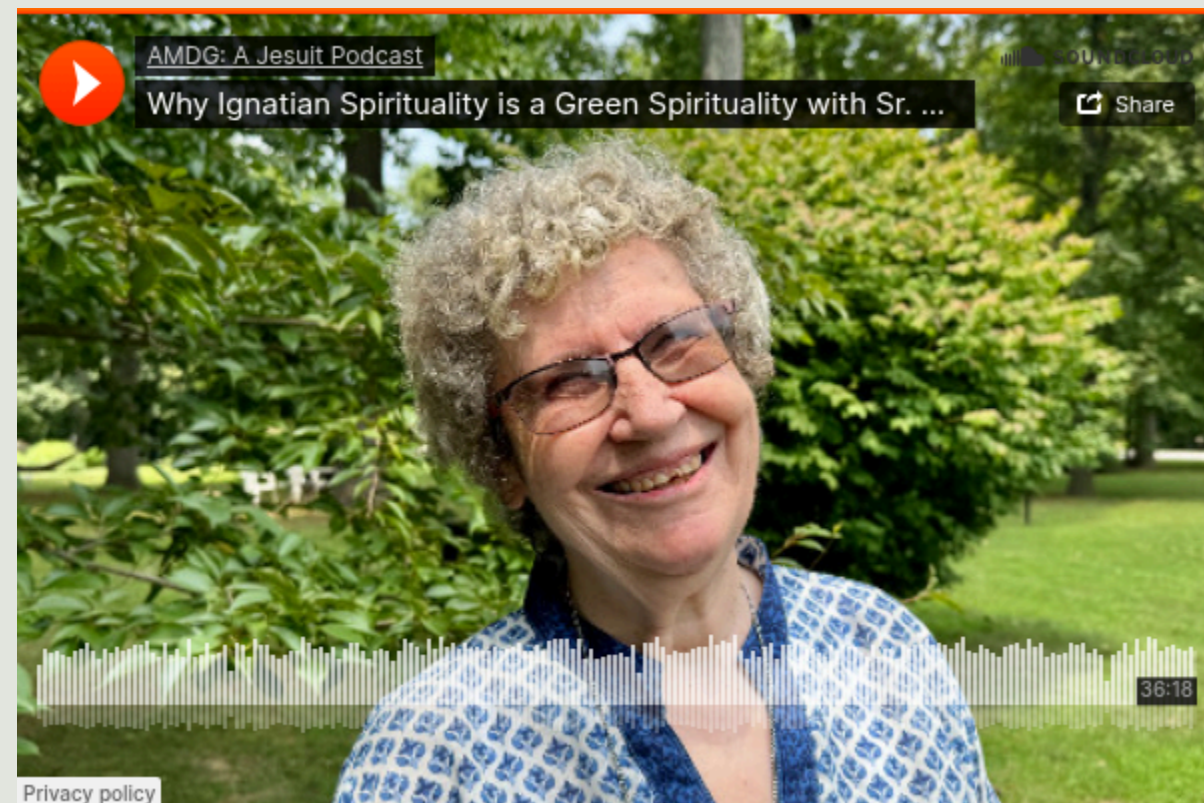
TEILHARD DE CHARDIN

BEING SURPRISED BY GOD'S NEARNESS & HOW GOD IS
WAITING TO BE NOTICED

RELATIONAL CREATURES - IT IS WHO WE ARE

POPE LEO'S ECOLOGICAL LEGACY

PEACE AND ENVIRONMENTAL JUSTICE



Closing Prayer

Prayer submitted by Marilyn Kott, Maryknoll Affiliate

A Prayer for Laudato Si' Pilgrims of Hope in the Jubilee Year of 2025

God in Heaven,

As we begin our journey today, we pray that You will accept the efforts we make on this pilgrimage. We offer it in praise of You and with love for all that You have created.

Be our companion along the way, our guide at the crossroads, our strength in weariness, our defense in danger, our shelter in heat and cold, our light in darkness, our comfort in discouragement.

Open our hearts to everything that we encounter, to see You in our human brothers and sisters and in every being which You have made, for all things speak of You.

Help us to understand Your will and to follow it with courage, confidence, and joy.

We pray that, with your grace and guidance, we will share your Good News with every creature and become agents of reconciliation and healing for all of Creation. May our witness be a leaven of authentic hope, the harbinger of the new heavens and the new earth which You have in store for us. Help us to remember that this pilgrimage is just one step on our journey to you. We pray in a special way for our new Pope Leo and for his intentions. Give him the strength and wisdom he needs to guide your pilgrim Church on earth.



Closing Prayer



We ask this through Christ our Lord, who is the Way, the Truth, and the Life.

Leader

Everyone

Holy Mary, Mother of God.....Pray for us

Saint Joseph.....Pray for us

Saint James the Apostle.....Pray for us

Saint Roch.....Pray for us

Saint Christopher.....Pray for us

Saint Francis of Assisi.....Pray for us

Saint Kateri Tekakwitha.....Pray for us

Saint Raphael the Archangel.....Pray for us

Blessed Carlo AcutisPray for us

Blessed Pier Giorgio Frassati..... Pray for us

Blessed Stanley Rother.....Pray for us

+Pope Francis.....Pray for us

All your holy saints and angels.....Pray for us

In the name of the Father and of the Son and of the Holy Spirit.

Amen